

# Practice Schedule January 2021

|        |     | Schedule | Note                    |
|--------|-----|----------|-------------------------|
| 1-Jan  | Fri | off      | 元旦                      |
| 2-Jan  | Sat | off      |                         |
| 3-Jan  | Sun | off      |                         |
| 4-Jan  | Mon | off      |                         |
| 5-Jan  | Tue | off      |                         |
| 6-Jan  | Wed | off      |                         |
| 7-Jan  | Thu | off      |                         |
| 8-Jan  | Fri | off      |                         |
| 9-Jan  | Sat | 13-17    | 16:30より自主練習             |
| 10-Jan | Sun | 13-17    | 16:30より自主練習             |
| 11-Jan | Mon | off      | 成人の日                    |
| 12-Jan | Tue | off      |                         |
| 13-Jan | Wed | off      |                         |
| 14-Jan | Thu | off      |                         |
| 15-Jan | Fri | off      |                         |
| 16-Jan | Sat | off      |                         |
| 17-Jan | Sun | off      |                         |
| 18-Jan | Mon | off      |                         |
| 19-Jan | Tue | off      |                         |
| 20-Jan | Wed | off      |                         |
| 21-Jan | Thu | off      |                         |
| 22-Jan | Fri | off      |                         |
| 23-Jan | Sat | 13-17    | 16:30より自主練習             |
| 24-Jan | Sun | 13-17    | 16:30より自主練習             |
| 25-Jan | Mon | off      |                         |
| 26-Jan | Tue | off      |                         |
| 27-Jan | Wed | off      |                         |
| 28-Jan | Thu | off      |                         |
| 29-Jan | Fri | off      |                         |
| 30-Jan | Sat | 13-17    | 16:30より自主練習             |
| 31-Jan | Sun | 13-17    | with 東大・学習院 16:30より自主練習 |

1/11~1/22の間に最低一回は近くの市民プール等で泳ぐようにしてください